



Bayards Hill  
Primary School

# **Sex and Relationships Policy**

**January 2016**

# ***Sex and Relationships Education Policy***

## **Curriculum**

The Education Reform Act 1988 (Section 1) states that schools should provide a curriculum that "promotes the spiritual, moral, cultural, mental and physical development of pupils.... and of society; and prepare such pupils for the opportunities, responsibilities and experiences of adult life."

Sex and Relationships Education is an important dimension of a child's statutory entitlement.

## **Rationale**

Sex and Relationships Education is an umbrella term for all the teaching and learning we offer pupils to understand their own and others' sexuality, to develop skills for relationships and informed decision making. At Bayards Hill School we believe that sex and relationships education is the entitlement of each child and we are committed to delivering it within the context of a broad and balanced programme of health education.

The Head teacher has overall responsibility for the delivery of effective curriculum content across the school. The curriculum leader works with the Teaching and Learning lead to ensure SRE is delivered appropriately.

## **Aims**

In our school we aim, through both implicit and explicit learning experiences to:

- Ensure that Sex and Relationships Education is integrated into the curriculum and not isolated, taken out of context or over-emphasised in any way
- Foster self-esteem and respect for others as the cornerstones of Good Health Education and good Sex and Relationships Education
- Nurture a partnership between caring adults - governors, teachers, ancillary staff and parents - to ensure sensitive support for children and young people as they grow and mature
- Ensure children have the ability to accept their own and others' sexuality
- Encourage children to enjoy relationships based upon mutual trust and respect, free from any abuse
- Generate an atmosphere where questions and discussion on sexual matters can take place without embarrassment
- Adopt a whole school approach to Sex and Relationships Education.

## Teaching and Learning

Effective teaching of Sex and Relationships Education will increase pupils' knowledge of:

- Their body;
- Human growth and development;
- Families, parenting and life cycles;
- Safety and child protection;
- Helping agencies;
- Sexual identity.

It will also enable pupils to:

- Improve their self-esteem;
- Make informed choices and decisions;
- Develop personal initiative and be able to take responsibility;
- Recognise personal skills and qualities in themselves and others;
- Maintain and develop relationships;
- Develop self-confidence;
- Develop assertiveness in appropriate situations;
- Develop the motivation to succeed.

In the scheme of work used, a variety of resources (with ideas for suggested use) are identified, including video material, worksheets, visits from the school health nurses and books. However, we emphasise the importance of discussion and questioning within the safe, secure and non-judgmental atmosphere of the class with its teacher. The atmosphere of trust, mutual acceptance and confidentiality is built on within the PSHCE programme.

Within the taught and hidden curriculum, i.e. the whole school environment, pupils should be given frequent and regular opportunities to think about feelings and to practice personal and interpersonal skills. We value and respect the learning that occurs in the community and in the home believing that these, alongside school links, are essential dimensions of Sex and Relations Education. It is important to inform parents/carers, about the Sex and Relationships Education, and to involve them whenever possible. Parents have the right to withdraw their child from receiving sex education from a PSHCE perspective at school, but not to withdraw them from the

teaching of the Science National Curriculum: Sc2 Life processes and living things - 2f: the main stages of the human life cycle.

### **Further Information**

For information on child protection and confidentiality see *OCC* guidance.

Our Health Nurse, who can be contacted through the school, continues to offer support and guidance on any health issues, including sex education.

## **Sex and Relationships Policy**

Date presented to *Governors*: