



TAKE ME HOME

Believe Bigger, Aim Higher

11th May, 2018



Mrs. R Medley
Headteacher



Mr. C Eaglestone
Deputy Head



Mrs. A Jones
Assistant Head/SEN

I really hope that you were all able to enjoy the long weekend: temperatures were as high as 28.7C (83.6F) in London which is the hottest a May bank holiday has been since records began. It was fantastic to see the children enjoying the disco last Friday and I managed to resist demonstrating 'The bus driver'- an essential disco move in any 'dad-dancing' repertoire. Thank you to the PTA for organizing this. Year 2 has started their SATs and I am extremely proud of the children for taking them in their stride and doing their personal best. Next week, Year 6 begin their SATs tests. We want children to be able to achieve their very best and as part of this, we are inviting all Year 6 children to breakfast club. This will be free of charge as we believe a healthy breakfast is a great way to start each day. A few 'top tips' have been included in this newsletter.

Best wishes

Mr. Eaglestone

WHAT'S BEEN HAPPENING THIS WEEK?

- Staff training on Iris (using video to improve teaching)
- Fire engine visit
- Year 2 assessments
- Launch of photography competition
- Monitoring of teaching and learning
- Year 5 trip to Brookes

ATTENDANCE

Whole school attendance has risen to **96.6%!** Well done everyone!

	EYFS		YEAR 1		YEAR 2		YEAR 3		YEAR 4		YEAR 5		YEAR 6	
	Harmony	Melody	Acappella	Symphony	Rhythm	Blues	Classical	Jazz	Baroque	Octave	Mozart	Beethoven	Sibelius	Elgar
WB 16.04.18	95.1%	99.3%	92.9%	97.2%	97.5%	99.1%	99.1%	97.7%	99.0%	99.5%	95.3%	98.1%	99.0%	96.5%
WB 23.04.18	97.8%	95.6%	94.3%	97.1%	98.3%	97.6%	98.5%	94.3%	97.7%	97.7%	96.6%	99.6%	98.3%	94.8%
WB 30.04.18	84.4%	94.4%	96.4%	96.4%	97.9%	93.8%	95.6%	94.3%	99.2%	95.8%	98.6%	98.1%	94.2%	91.2%
WB 11.05.18	93.8%	91%	98.2%	96.4%	98.3%	99.6%	100%	88.4%	100%	97.1%	98.7%	94.2%	99%	95%
WELL DONE Classical and Baroque for our first 100% attendance scores this term!														

SATS TOP TIPS

- Sleep** – Try to be in bed by 8.30/9pm. 10-11 year olds need 9hr 30-9hrs 45minutes sleep each night. Lack of sleep will massively reduce your brain speed and how well you do in the exams.
- Drink water** – 90% of your brain is water and being just 2% dehydrated will reduce your brain performance. Keep sipping water throughout the day and during the exams.
- Get active** – After you have finished a hard day of exams, take some time off to run around, kick a football, or however you enjoy being active. Exercise encourages your brain to work at its best by causing nerve cells to multiply and strengthen their interconnections. It also creates a better blood flow to your brain and helps you to sleep better.
- Eat your veg** – Approximately 60% of your brain is made up of fats and Omega-3 fats are an essential part of that. Our bodies do not naturally produce Omega 3, so we need to get them from our diet. Foods like oily fish, avocados, green leafy vegetables and fish oil tablets are all really good sources.
- Breathe it in** – Fresh air will help your brain and body to function well. So get out go for a walk, cycle, trampoline... Don't just veg out on the sofa.
- Eat well** – Our bodies and brains need the right mix of vitamins and minerals to work at their best. So, during the exam week, keep it healthy. Then, when they are over, ask your parents to make or buy your favorite meal to celebrate!
- Get the best start** – Even if you don't normally eat much for breakfast, during SATS week, make sure you do. Things like porridge, Weetabix and brown toast, will help your body to burn energy slowly and steadily. If you eat things like chocolate or biscuits, your energy levels will rise quickly but then dip and make you feel tired, probably about halfway through your first test! In an experiment, when children who hadn't eaten breakfast for a while began to eat breakfast, their results went up an entire grade (on average). Breakfast is probably the most important meal of the day.

8. **No stress** — Don't worry about the SATS. They are important, but they will not affect your future job. Too much stress actually causes an increase in the hormone cortisol, which, in high levels, kills brain cells and brain functioning.
9. **Think positive** — You can do it! Believe in yourself and you will do great!
10. **Enjoy** – Enjoy the SATS and do your best!

TEACHING AND LEARNING

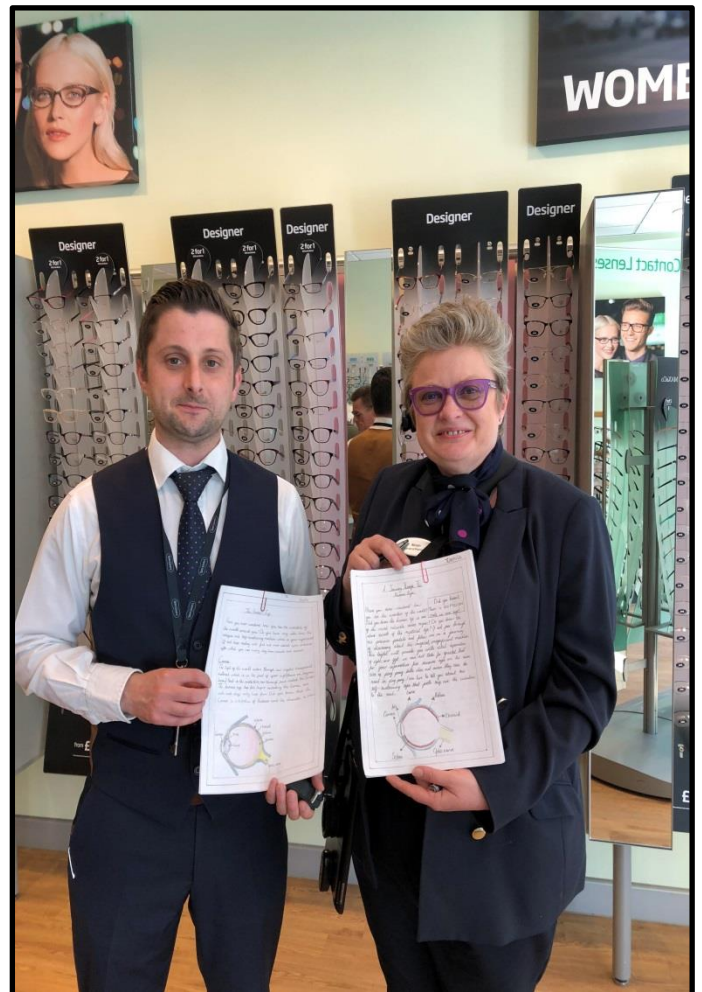
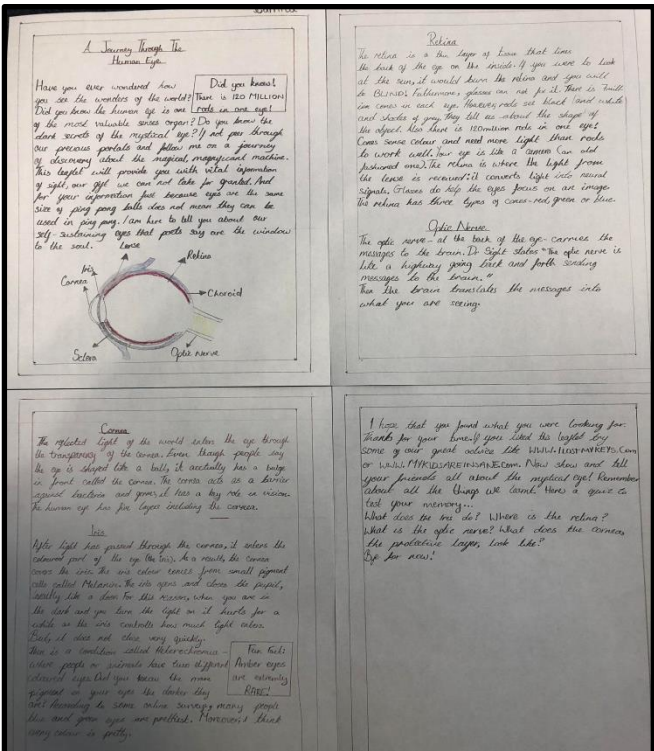
Sibelius advise Specsavers customers.



Sibelius class has been learning all about the Human Eye and has produced some fantastic work that demonstrates high quality handwriting and presentation: something that the class has been working on improving. The children wrote for a 'real life' purpose which was to advise and inform the customers of Specsavers .

Mr. Eaglestone was very proud to visit Specsavers last Saturday and hand out photocopies of the information leaflets for members of the general public to enjoy. The staff were very impressed with the children's work and enjoyed finding out about the children's learning.

Well done to Sibelius for working so hard and producing work that everyone in the school community is proud of!



Fire Engine Visit

This week, reception were visited by firefighters from the Slade fire station.

We learnt all about the equipment they use and the uniform they wear to keep them safe. We asked lots of questions about how they help people and loved looking around the fire engine.



MEET THE STAFF- Miss. A. Hebbachi



Blues classroom teacher

I live locally and attended school at St Christopher's C of E Primary School where I was taught by Mrs Reading! I studied biomedical science at university and love to travel, cook and swim. I can speak Arabic and have been bilingual all of my life.

E-SAFETY TIPS FOR PARENTS AND CHILDREN

10 top tips if you're being bullied online:

- 1) Tell an adult you trust if you are being cyberbullied.
- 2) Don't respond or retaliate to bullying messages – it could make things worse
- 3) Block users who send you nasty messages
- 4) Save abusive emails or messages (or texts) you receive
- 5) Make a note of dates and times you receive bullying messages, as well as details you have of the user's ID and the url.
- 6) Don't pass on any cyberbullying videos or messages – this is cyberbullying

- 7) If you are bullied repeatedly change your user ID, or profile, and use a name that doesn't give any information away about you
- 8) Visit [bullying.co.uk](http://www.bullying.co.uk) – this is a website where trained counsellors can support you if you are being bullied, either by chatting online or by calling their free helpline. You can also find some top tips on how to stay safe – <http://www.bullying.co.uk/>
- 9) You can talk to someone at Child Line or get online safety advice at <http://www.childline.org.uk/talk/Pages/Talk.aspx>
- 10) <http://www.thinkuknow.co.uk/> is another very useful website for children and young people staying safe online

Word List Wordsearch

These words are taken from the Y5/Y6 word list that all children should know by the end of KS2.

F Q V D D E M R S H G L R R L
 R N T A H N C N L O C A G D K
 E Y P U J I R N V P I M S T W
 Q L U U G V K E A L S Y M F K
 U B R Y W N R V I R V Y L R L
 E Q R R C N Y M A F D Y J G K
 N Y E B M L A B K P L N U J L
 T X T E O F T I D E N T I T Y
 L K N H E E T N A R A U G H M
 Y T I V A N X Z C C L J H C U
 T H G D Z R V F U N X L D U S
 I O Y B W H A B H S V X E F C
 B G I J U R M S X R T G V N L
 R L V A X V R T S G I R M B E
 I R Q N L Y C O I Q F Q U J D

familiar
 frequently
 government
 guarantee
 harass
 hindrance
 identity
 interrupt
 muscle
 necessary

Polite Request

Our Friday celebration assemblies continue to be popular and we thank you for your attendance. However, we have noticed that lately lots of parents are leaving before the end of the assembly. We appreciate that some of you have to get to work or other appointments. If you can, please stay for the whole assembly so we can celebrate the successes of all children as a school community.

If you really need to leave, could you please indicate to a member of staff before the assembly starts and could you sit near the door so that the assembly is not disrupted as you leave.

Thank you

Rachel Medley

<p><u>School Office Opening Times</u></p> <p>The school office and telephone lines are open between 8:00am and 4:00pm Monday to Thursday and 8:00am to 3:30pm on Friday.</p>	<p><u>School Car Park</u></p> <p>Please be aware that the school car park gate is locked at 8:30am to enable staff access and re-opened at 3:30pm. This is to ensure the safety of all children.</p>
<p><u>Breakfast Club</u></p> <p>Breakfast Club opens at 8:00am. If you arrive before this time please stay with your children until the doors are opened.</p>	<p><u>Swimming</u></p> <p>Monday's at 1:00pm – Baroque & Octave alternate weeks</p> <p>Wednesday's at 1:00pm - Classical</p>

Dates for Your Diary

14 th May	Year 6 SATs
18 th May	Inset Day
23 rd May	Fab 50 Sports
25 th May	Attendance Tea Party Non Uniform Day – donations please for the PTA Summer Fair
5 th June	Story Telling Festival
11 th June	Science Week
13 th June	Parent Forum
28 th June	Year 6 Leavers Photographs
30 th June (Saturday)	PTA Summer Fair
2 nd July	Classical Class to Oxford Botanical Gardens
4 th July	Sports Day
9 th July	Jazz Class to Oxford Botanical Gardens
11 th July	Fab 50 Water Fight
13 th July	Attendance Trip
16 th July	Yrs 1 to 5 Awards
18 th July	Attendance Assembly Attendance Tea Party Yr 6 Leavers Evening
19 th July	End of Term – finish at 1:00pm